



Plainview-Old Bethpage John F. Kennedy High School

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Dear Parent/Guardian of Incoming 10th grade students:

As part of the required school examination, your child is weighed and his/her height is measured. These numbers are used to figure out the student's body mass index or "BMI". The BMI helps the doctor or nurse to know if the student's weight is in a healthy range or is too high or too low. New York State Education Law requires the BMI and weight status group be included as part of the student's school health examination. A sample of school districts is selected yearly to take part in a survey by the New York State Department of Health. If our school is selected to be part of the survey, we will be reporting to New York State Department of Health information about our students' weight status groups. Only summary information is sent. **No names and no information about individual students are sent.** However, you may choose to have your child's information excluded from this survey report.

The information sent to the New York State Department of Health will help health officials to develop programs that make it easier for children to be healthier.

If you do not wish to have your child's weight status group information included as part of the Health Department's survey this year, please print and sign your name below and return this form to your school nurse.

Thank you very much for your cooperation.

Please do not include my child's weight status information in the 2016-2017 School Survey.

Print Child's Name

Date

Print Parent's Name

Parent's Signature